

SOLIDARITY TRACKS



www.tamonopatia.org

ERASMUS

**Project Activities
2018**



Erasmus+

Το σχέδιο αυτό χρηματοδοτήθηκε με την υποστήριξη της Ευρωπαϊκής Επιτροπής. Η παρούσα δημοσίευση δεσμεύει μόνο τον συντάκτη της και η Επιτροπή δεν ευθύνεται για τυχόν χρήση των πληροφοριών που περιέχονται σε αυτήν.



EVS Project Activities 2018

Venue: Greece, Lefkas

Important: all applicants for EVS should be registered to Solidarity Corps database (https://europa.eu/youth/solidarity_en)

2018-1-EL02-KA125-004041 - Volunteers E.R.A - Engage, React and be Active

Activity 2/3: (Environment education) (Sustainable development education)

Duration: **1 year**

Summary:

Solidarity Tracks" Organisation wants to host one young volunteer in Lefkas island in order to continue the process of making young people aware of respect to environment, finding with them a function for the household garbage and sensitizing the large public for the necessity and the advantages of sorting out households' litter and recycling, using creative and artistic means. The volunteer will also create an interactive pedagogical manual for the sensitization of young people and children. The activities will engage and educate a large number of local citizens, especially youngsters, and will permit the volunteer to gain social and technical competences that will be useful for him future vocational rehabilitation. The volunteer is expected to co-operate in the main with young people and the children of the island of Lefkas: He have to get in touch with the families and the public at large in view of launching mass activities and practices.

His working frame will be collective, characterized by an overall synchronization, given that he will co-operate with the various foundations and institutions, the local organizations, the municipality and the media of the region, towards the end of enhancing the awareness of the people and broadening the impact of these actions of awareness.

Tasks of the volunteer

- to organize handicraft workshops weekly for the local community especially for youngsters



ΜΟΝΟΠΑΤΙΑ ΑΛΛΗΛΕΓΓΥΗΣ / SOLIDARITY TRACKS

Tel/Fax : +30 26 450 23123

E-mail : pistes_solidaires@yahoo.gr

Web site : www.tamonopatia.org

Karavella 12, 31100 Lefkas/Greece



- to create recycled workshops and teach to youngsters methods of recycling
- to create an interactive pedagogical manual for the sensitization of young people and children
- to organize workshops where the children could make toys and tools out of recycled materials
- to organize workshops for people with disabilities
- to make promotional campaigns through videos, posters and presentations about recycling
- to organize for the youngsters constructive activities and games
- to help at Solidarity Tracks office
- to cooperate with other volunteers with different projects
- to cooperate with various foundations and institutions, local organizations, the municipality and the media of the region, towards the end of enhancing the awareness of the people and broadening the impact of these actions of awareness
- to create a DVD and videos that enhance the results of these activities and make his/her project more visible

Hosting Organisation: Solidarity Tracks

For more details you can look to these videos:

https://www.youtube.com/watch?v=EknLEwFE_pc

<http://www.youtube.com/watch?v=hEqv-nBMq4U>

<http://www.youtube.com/watch?v=Fixx0zpM1us&feature=related>

<https://www.youtube.com/watch?v=AQJU4slg-b8>

<https://www.youtube.com/watch?v=PFiiN60YiKA>

http://www.youtube.com/watch?v=vCrXfS900_c&feature=related

<http://youtu.be/4Wh1FuDYils>

<http://www.tamonopatia.org/files/Sustainable%20tourism%20Guide.pdf>

http://prezi.com/4nmx2rfs6fkd/?utm_campaign=share&utm_medium=copy&rc=ex0share





Activity 5/6: (Time Bank management In Lefkas) (Coordinating the club of youth future entrepreneurs)

Duration: **12 months**

Summary:

The “entrepreneurial culture” should be disseminated and on no account should it be hindered by political decisions and initiatives. In this train of thoughts, we hold 4 meetings, of 4 days each, in 4 European countries. For each meeting, a group of 16 young people would-be entrepreneurs coming from France, Greece, Italy and Romania moved to action, exchanging know-how & experiences discovering the real conditions, the local-scale policies and initiatives as well as the European policy regarding the young people’s entrepreneurship.

We take advantage of all these assets so as to corroborate/enhance the contribution of the young to the configuration of local developmental projects for their regions and to further the spirit of entrepreneurship and the collective entrepreneurship among the European youth.

In the course of our project, the young who participate in the meetings will plan and set together a Virtual-club for young European would-be entrepreneurs, which will serve the education/training and the raising to positive awareness of the young in matters entrepreneurial, feed a common culture of entrepreneurship specifically adapted to the young of Europe. We wish that this club will make it possible for young would-be entrepreneurs to find support in such a way that the entrepreneurship might gain ground among the young of Europe. It will also help launch and sustain a permanent contact between regional and European politician on the one hand, and the young businessmen and would-be entrepreneurs on the other hand. The club in question is also due to help increase the part of these entrepreneurs in the decision making process on political matters. This club is expected to be established as a forum and a nexus linking the young European would-be entrepreneurs with the politicians, entrepreneurs and experts all around Europe.

ΜΟΝΟΠΑΤΙΑ ΑΛΛΗΛΕΓΓΥΗΣ / SOLIDARITY TRACKS

Tel/Fax : +30 26 450 23123

E-mail : pistes_solidaires@yahoo.gr

Web site : www.tamonopatia.org

Karavella 12, 31100 Lefkas/Greece



Our Youth for democracy project ended in July 2013, in this context, and in order to we wish to host a volunteer who can continue to ensure the effective functioning of the club for future youth entrepreneurs. We would like to host a volunteer who will continue to lead the club and the forum, survey the needs of young members of the forum and face book group of our club, create links between young people and experts, entrepreneurs and politicians and organize of the activities that meet the needs of European youth future entrepreneurs.

For more details please check this link: www.youthclub.eu



Tasks of the volunteer

- Update the youth entrepreneur's website www.youthclub.eu
- To manage facebook and twitter pages of youthclub
- Create monthly a magazine in different topics of entrepreneurship
- Create promotional materials for the project, Flyers, posters etc.
- Initiate and motivate youngsters to create, prepare and plan activities and business plans
- To make interviews with expert in entrepreneurs field
- Cooperate with institutions of Lefkas to involve the largest number of youth in the Club.
- To create promotional event for the club
- To keep active the members of the club
- Find new and creative ways of attracting more young people to join the club
- To help in the office of Solidarity Tracks
- To cooperate with other volunteers from the organization
- Prepare presentations and publications to promote and disseminate the results of his project.
- to cooperate with local MEDIA and Municipality of Lefkas
- to create DVD and videos that enhance the results of these activities and make his/her project more visible.



ΜΟΝΟΠΑΤΙΑ ΑΛΛΗΛΕΓΓΥΗΣ / SOLIDARITY TRACKS

Tel/Fax : +30 26 450 23123

E-mail : pistes_solidaires@yahoo.gr

Web site : www.tamonopatia.org

Karavella 12, 31100 Lefkas/Greece



This project will allow the volunteers to go into the different learning situations. It will develop their skills and learning capacity related to: the arts, personal development, professional development, languages, science, technology, pedagogy and social universe.
Hosting Organisation: Solidarity Tracks

<http://www.youthclub.eu/>

<https://www.youtube.com/watch?v=0t0quEj2QmM>

Venue:

Our youth EVS projects will take place in Lefkada.

The island of Lefkada, also called Lefkas, is the fourth largest island of the Ionian Islands, after Zakynthos, Kefalonia and Corfu. It has an area of 303 square kilometres, a coastline of 117 kilometres and a population of about 22.000 inhabitants. Lefkada is an island with a wide spiritual tradition and it's situated 378 km from Athens.

Discover the emerald island at: www.lefkada.gr



Lodging:

You will be hosted at Volunteer home in Lefkas which is in the centre of the city at the seaside very close to cafes, bars, clubs, restaurants, shops, internet café etc.

You will sleep in triple rooms. At home also there are salon, one bathroom, kitchen, balcony and small garden.

Food:

- If your project will be at the Elderly care Centre of Lefkas:



Το σχέδιο αυτό χρηματοδοτήθηκε με την υποστήριξη της Ευρωπαϊκής Επιτροπής. Η παρούσα δημοσίευση δεσμεύει μόνο τον συντάκτη της και η Επιτροπή δεν ευθύνεται για τυχόν χρήση των πληροφοριών που περιέχονται σε αυτήν.

ΜΟΝΟΠΑΤΙΑ ΑΛΛΗΛΕΓΓΥΗΣ / SOLIDARITY TRACKS

Tel/Fax : +30 26 450 23123

E-mail : pistes_solidaires@yahoo.gr

Web site : www.tamonopatia.org

Karavella 12, 31100 Lefkas/Greece



You will take your lunch at the Elderly care center of Lefkas. You will take a lump sum of 100 Euros for meals that are outside the centre.

- If your project will be at Solidarity Tracks offices you will take a lump sum of 150 Euros per month for food.

Pocket money:

You will receive 120€ per month.

Working place:

Your working place is in Solidarity Tracks offices or in Elderly care centre of Lefkas, it's 5 minutes walking from your home.



Transportation from your country:

When your project will be agreed, and signed you will purchase your travel tickets. **The travel costs will be reimbursed according to the distance calculator of Erasmus+ programme (the budget for travel cost will appear in the Activity Agreement).**



Το σχέδιο αυτό χρηματοδοτήθηκε με την υποστήριξη της Ευρωπαϊκής Επιτροπής. Η παρούσα δημοσίευση δεσμεύει μόνο τον συντάκτη της και η Επιτροπή δεν ευθύνεται για τυχόν χρήση των πληροφοριών που περιέχονται σε αυτήν.

ΜΟΝΟΠΑΤΙΑ ΑΛΛΗΛΕΓΓΥΗΣ / SOLIDARITY TRACKS

Tel/Fax : +30 26 450 23123

E-mail : pistes_solidaires@yahoo.gr

Web site : www.tamonopatia.org

Karavella 12, 31100 Lefkas/Greece



Very important is that you **KEEP ALL THE BILLS, TICKETS AND BOARDING PASSES** from your travel.

We will reimburse to you the tickets in Lefkas.

How to arrive to Lefkas:

When you arrive to Athens El. Venizelos Airport you have to take the city bus **X93** to the **bus station Kifissos**, it will take about 60 min and the ticket costs about 6€. There you have to take the bus to Lefkas which takes 6 hours and costs 36€. We will wait you at the bus station in Lefkas. Pay attention that there are only 4 buses from Athens to Lefkas (At 7:00, 13:00, 16:30 and 20:30) so we will organise your flight so as to arrive early in Athens and catch a bus to Lefkas.

Insurance: Your sending organisation will register for CIGNA Insurance before your coming to Greece.

“Your sending organisations will help you for the preparation”

On Arrival training:

- It will be organised by the Greek National Agency **Mid term evaluation:**
- It will be organised by the Greek National Agency. (We will inform you later about the dates.

Your participation in these seminars is obligatory

Useful Greek Words:

ENGLISH	Greek
Hello	γεια σας! (Yia sas)
Welcome!	Καλώς ορίσατε! (Kalos Orisate)
My name is...	Ονομάζομαι... (Onomazome)



ΜΟΝΟΠΑΤΙΑ ΑΛΛΗΛΕΓΓΥΗΣ / SOLIDARITY TRACKS

Tel/Fax : +30 26 450 23123

E-mail : pistes_solidaires@yahoo.gr

Web site : www.tamonopatia.org

Karavella 12, 31100 Lefkas/Greece



Thank you!	ευχαριστώ! (Evkaristo)
I need help.	Χρειάζομαι βοήθεια. (khriazome voithia)
I'm sorry, I don't speak Greek	Λυπάμαι, δεν μιλάω ελληνικά (Lipame, then millaw Ellinika)
Do you speak German/English?	Μιλάτε Γερμανικά / αγγλικά; (Millate yermanika, anglika)
Excuse me?	Συγγνώμη; (Signomi)
Yes	Ναι (Ne)
No	Όχι (Okhi)
Maybe	Ίσως (Isos)
I don't know	Δεν ξέρω (Then ksero)
I love you!	σ' αγαπώ (Sagappo)
Goodbye!	Αντίο (Adio)

Trainings:

- 1- When you come here you will learn Greek lessons tow times per WK. (50 Hours Greek lessons during your EVS).
- 2- You will have pedagogical training from our staff to help you to realize your tasks.

For more information's please check this link:

http://www.tamonopatia.org/index.php?menu_id=2&submenu_id=3&language_id=2

If you have more questions or suggestions, please do not hesitate to write to:

pistes_solidaires@yahoo.gr

solidaritytracksg@gmail.com

or call us: +30 6981622910 Mohamed

See you in Lefkas ...



Erasmus+

www.tamonopatia.org



Erasmus+

Το σχέδιο αυτό χρηματοδοτήθηκε με την υποστήριξη της Ευρωπαϊκής Επιτροπής. Η παρούσα δημοσίευση δεσμεύει μόνο τον συντάκτη της και η Επιτροπή δεν ευθύνεται για τυχόν χρήση των πληροφοριών που περιέχονται σε αυτήν.