

#NBLA

(Not Bullying, Let's Art)

Malaga, 24th of September - 03rd of October



Infopack

KA1

In collaboration with:

SOME LITTLE INFORMATION ABOUT OUR PROJECT...

#NBLA (Not Bulling, Let's Art) is a youth exchange within the frame of Erasmus + related to Arts and Media as a way to face bullying and promote social inclusion.

This youth exchange will bring together 42 young people between 15-19 years old, with passion for Arts, from 7 different countries to enhance awareness about bullying and social inclusion through artistic, innovative and creative expressions.

Nowadays Visual Arts and Media are strong instruments to drive our emotions, spread a message or reach people but, at the same time, it's useful to work about "old" disciplines like painting and sculpture and make the participants experiment several ways to make art.

Our project will consist on creating different artworks, the participants will participate in three main workshops: video, theatre and plastic arts and they will create respectively an advertisement, a short theatrical piece and paintings/ sculptures.

During the project also groups of young people with functional diversity will be with us, learning together about how to stop bullying and promote social inclusion of all people, whatever our skills are.

The group leaders will take part actively in the leading of the workshops, so it's very important that the partner choose somebody with strong competences in, at least, one of the three main disciplines: painting/sculpture, videomaking, theater.

During 7 days (+ 2 travel days), we intend not only to sensitize and understand the concept of bullying (through meeting people related with the topic) and its sad consequences, but also to propose a new way to make Art so that the message will catch as many youngsters as possible. Besides, for us and for our society, the most necessary is that young people understand that they are not alone and that they can find a way to face this problem, defending themselves and not feeling with no way out.

Objectives:

- Sensitize youngest about bullying
- Involve youth of Europe in creating a video, artworks or a theatrical piece about bullying.
- Learn a way to diffuse message through media.
- Enable young people to acquire new skills, developing competences through practical and real experience of Arts.
- Involve youngsters with functional diversity to promote social inclusion and learn about their capacity of creativity through Arts and body expression.
- Encouraging creativity.
- Increase awareness of young people about respecting themselves, encouraging their active participation in their countries.

WHEN and WHERE:

The date will be from **24th of September – 03rd of October 2018** (including arrival and departure days). The venue will be the Social Innovation Center “La Noria” in Málaga, Andalucía.

The center offers a wide range of services and it is equipped with dining room, meeting rooms, wide gardens and sport courts.

The accommodation will be in nice and comfortable rooms of two/three beds. The room division will be in mixed groups of participants from different countries and divided in male and female rooms, with common bathrooms.

Check IN Time: 24th of September from 16h.00 p.m.



Check OUT Time: 3th of October at 09h.30 a.m.

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TRAVEL COST AND BUDGET:

The cost of the food and accommodation will be covered 100% by the Spanish National Agency, furthermore, travel costs will be granted with an amount according to the travel distance.

According to the Erasmus + Guide for 2018, the amount per participant will be:

For travel distances between 500 and 1999 KM: **275 €** per participant (Italy and Portugal).

For travel distances between 2000 and 2999 KM: **360 €** per participant (Romania, Macedonia, Turkey).

For travel distances between 3000 and 3999 KM: **530 €** per participant (Estonia).

Please, pay attention to the ceiling for the travel costs per every country that we cannot go above (if your tickets are more expensive, you need to cover the difference on your own).

You must use the cheapest travel option that is possible (busses, trains, low cost airlines, etc.).

Remember to keep all your boarding passes and original travel tickets so we can reimburse you the travel costs according to your expenses.

Participation Fee: 15€/person.

The travel cost will be not reimbursed to people who are not taking part of the entire youth exchange or not respecting the rules of the project.

WHAT BASIC RULES DO YOU NEED TO RESPECT?

We need to highlight here the social environment in which we will be hosted and the different outgoing activities that we will develop.

First of all, we will be hosted in a **Social Innovation Centre**, where possibly there will be more young people and children developing other workshops and activities. This means that smoking, drinking alcohol or consuming any other harmful substance it is forbidden in the Center and the surroundings (where we have a Children Hospital and a Center for kids with cancer). So please, be aware of our space and take care of it! 😊

La Noria rules:

- Wi-Fi is only available in the common areas.
- Participants will have to bring their own towels (bed sheets are provided).
- There is no possibility to extend your stay at La Noria, due to the fact that there are other reservations.
- It is forbidden to smoke in the building.
- **It is absolutely forbidden to consume alcohol.**
- Participants have to respect La Noria's installations, the rooms and the common areas. If they break something they will pay for that.
- It's forbidden to consume food in the rooms or to take room out of the common dining room.
- Participants are not allowed to move furniture.
- It's forbidden to make noise after 12 at night and before 8.00 in the morning.
- When leaving La Noria, the participants have to leave the keys at the reception.

WHAT PARTICIPANTS WE ARE LOOKING FOR

- 5 participants from each country, aged between **16-19 years old** + 1 leader group older than 19 years old. For us is very important to respect the age of participants, because we are trying to give the opportunity to participate in youth exchanges to young people, especially under 18, because usually there are less youth exchanges that allow minors, but also because we are an Informal Group of Young People and we work with youngsters from rural areas, also minors, and we would like to have a group which is more or less homogeneous in relation with ages.
- We would like to keep an equal number of participants of each gender, so please, try to keep gender balance in your groups!
- We are looking for **young people motivated in participating in a youth exchange, with passion for Arts:** painters, writers, actors, videomakers, dancers and those who love Arts and who are interested in the topic, motivated, with an active and proactive attitude.
- People who are willing to share their experience, to learn from others, respect their similar and to grow personally and professionally.

Besides, to reach our goal in all its aspects, we ask each partner to **pay attention** to the competences in the selection of the group leader and in the artistic motivation of the participants, trying also to include participants with fewer opportunities or functional diversity.

In fact, during the project, a group of young people and children with functional diversity from a local project called “Towns of Colours” will visit us to develop some of the workshops together. Our goal is to fight bullying also in this field in which we have found also mean behaviours from other young people towards youngsters with functional diversity.

To sum up: We look for young people who love arts and who are interested in the topic, motivated by multicultural exchanges, with an active and proactive attitude.

The deadline for having the **group created** and send their personal information is **25th July 2018**.

If you cannot accomplish this dates, please let us know. If some group is not created for this date and we don't receive communication, we will publish an open call among our partners and SALTO.

The date to purchase the flight is 30th July 2018. Remember that you need to ask us before booking the flight. Do not book it without our green light! ☺

So, as soon as you have your group completed they have to fill the following google form:

<https://goo.gl/forms/YxAo2IBiVmSLtvom1>

WHAT DO YOU NEED TO BRING

September is usually a month with hot temperatures and during the night it could be a bit fresher (maybe a light jacket or cardigan for the night would be suitable), so please, be prepared for these conditions and bring these important items with you:

- Comfortable clothing
- Towels, toiletries and items for personal hygiene (although there are also some shops in the town in case you need to buy something).
- Staff for the Intercultural Dinner: Local products from your area.
- Your ID and insurance documents (**European Health Insurance Card**).
- Good Mood!! ☺

WHAT DO YOU NEED TO PREPARE BEFORE COMING

1. We would like to know your country through your typical food and drinks, so please, prepare a nice table for **the Intercultural Evening**.
2. We will know each other's cultures and countries during different cultural nights, in each night we will present 2 countries. Think about a presentation of your country through funny ways: music, theatre, dance, games... No PowerPoint!!
3. Some ice breaking games would be very welcomed to start our sessions with them.

You can prepare this information in the format that you prefer (video, theatre, photos or MUSIC...), only remember, **be creative and bring with you all your talents!**

HOW TO ARRIVE TO LA NORIA?

Málaga has one of the biggest airports in Spain, so hopefully you will find direct flights to Málaga. At the airport, you can travel easily by train or bus to the city center

- **By bus**

You will find the bus stop just at exits.

Buy a single ticket on the bus, the driver will sell to you. (price 3,00€)

The bus will take you to the center of Malaga. (Alameda Principal) from where you will have to take another bus to La Noria. Bus number 7 (price 1,30€) and get off at Hospital Materno, you can also take the bus number C2, but it takes longer.



In collaboration with:

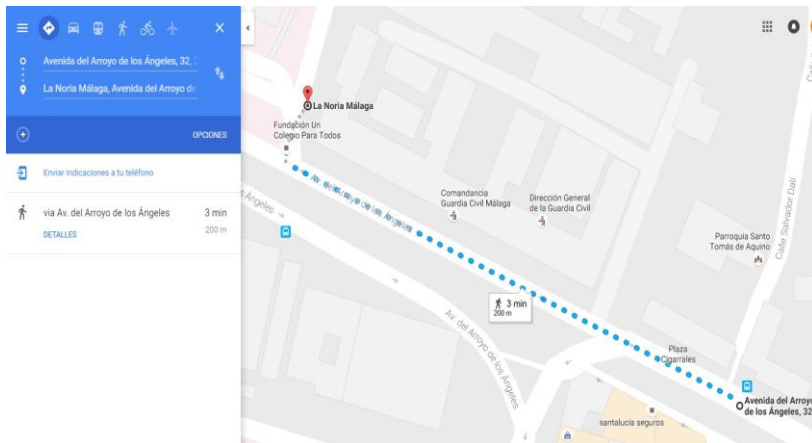
- **By Train**

The itinerary that you should follow is:

1. Go Terminal T3 in airport. You can access T3 terminal building from the square outside arrivals and from departures. There is just a line, called C1 RENFE CERCANIAS. Make sure it is heading towards **Málaga-Centro**.
2. Buy a single ticket to **Málaga-María Zambrano** (which is the Train Station). (Price 2,70€).
3. Once there, cross the Street to take the bus number **CIRCULAR 2** or also called **C2** (EMT company) at Calle Explanada de la Estación. It leaves each 12 minutes.
4. Get off at **Avda. Arroyo de los Ángeles-Guardia Civil** bus stop.



5. From the bus stop, you have to **walk 3 minutes to your left** and you will find the building of the Hospital Materno and the **Purple Door of the Noria**.



OUR FACEBOOK GROUP

As soon as you have your group formed, you can ask to join our group in Facebook:

“#NBLA Youth Exchange SPAIN”

We will use this tool to communicate with each other, to post interesting articles or to share photos, videos etc. We will use it too after the youth exchange to disseminate and exploit the results.

IMAGINA TEAM



In collaboration with:

HOW TO CONTACT US

For further information and to send the information required:
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LOOKING FORWARD TO MEETING YOU!!

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