



Solidarity Tracks
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The I.D.E.A

Theater for Inclusion, Diversity, Education & Art

Training course in Lefkas Greece

PLACE & DATE	COUNTRIES	WORKING LEANGUAGE
Lefkas, Greece 10-19 January / 2019 Travel days 9 and 20	27 youth workers /educators from 9 European countries (Greece, Austria, Bulgaria, France, Italy, Portugal, Spain, Poland and Romania)	English

SUMMARY OF THE PROJECT

Theater is a mediation means which is conducive to creating bonds and ties among people. The thespian practice favors meeting people and develops social skills which encourage inclusion. The individuals learn to express themselves better and be better off with their own body.

In the field of the non-formal education and the youth, theater is a catalyst factor as regards developing competences and promoting the young people's social inclusion. As a matter of fact, given that young people with special needs and some form of handicap are often given less opportunities and get into a state of exclusion from social life, reducing thus their social skills, it is the theater which can offer them broader opportunities to express their wishes, an outlet for interaction with their peers and a



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Theater for Inclusion, Diversity, Education & Art"

09-20/01/2019, Lefkada/ Greece

means to develop their “soft skills”. This theatrical practice may prove to be all too efficient for the young people’s educators, mainly those working with refugees, immigrants, young people living in unprivileged areas and/or young people with special needs. The theatrical practice can turn out to be a convenient (or: alternative) method to promote the social inclusion of those young people with difficult and precarious lifestyle (or: background).

The young people educators and animators have an essential part to play in the education, development and well-being of the young people if they choose to insert the theatrical practice into their everyday activities.

They have a real duty: to take part in the social inclusion of the young people regardless of origin and competences, and to ensure their well-being and their personal development. In order for the young people’s educators to make the most of this tool, they have to work perspicuously to develop some competences in this field, so that they can offer a better educational frame which would make easier the frail young people’s social inclusion in the local community. To this end, the theatrical activities stand as bright solutions. The NGO which work with the youth have also to embolden the young people’s active participation in the dealings of the civil society. Education thru theater is an efficient tool in this regard!

In this context, we wish to launch a training course which will take place on the island of Lefkas (Greece) and last 10 days. It will involve 30 young people’s educators and animators who work in the interest of the young immigrants, refugees, persons with special needs and living in unprivileged suburbs. The countries involved will be France, Greece, Austria, Poland, Spain, Romania, Portugal, Estonia and Italy, Bulgaria & CZ.

In the course of this training, the beneficiary youth workers/ educators will share experiences, views and good practices on this subject and elaborate theoretically and practically on theater as an artistic and social means to reach an innovative methodology favoring social inclusion, integration and the intercultural dialogue. Within this frame, theater can boost the educators’ competences and potency for launching new activities aimed for the young people and centered on theater as a means of the social inclusion of young people with special needs and/or less opportunities. Apart from this, the beneficiary educators will enhance their confidence in escorting young people and inciting them to reflect on their own behaviors within society and discuss some social questions which are difficult to tackle even now in Europe.



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Theater for Inclusion, Diversity, Education & Art"

09-20/01/2019, Lefkada/ Greece

These questions have to do with inclusion, integration, intercultural dialog, radicalization of islamophobia. The educators in hand will get a better training and will act hence as multipliers of quality initiatives for the benefit of the young people of their local communities and beyond.

At the closing of this project, the beneficiaries will have developed precious competences which can form a compound pedagogical tool. They will also be given files with suggested activities which are useful to the educators who wish to engage in this kind of social action.

AIMS OF OUR TRAINING COURSE

1- To develop the capacities and skills of a group of educators of youths from 9 European countries, in terms of methods and educational practices, in order to optimize their activities in favor of the youths less included in the society, in particular the most fragile (refugees, migrants and/or from difficult areas) by a process of learning through the theatrical practice.

2- To stimulate the creativity, the efficiency and the working techniques of a group of educators in order to set up initiatives and theatrical activities, to support and accompany the youths within their local communities.

3- To Promote and to allow, via a process of non formal learning based on the theater, the social inclusion, the development, the empowerment and the active participation of youths from various origins and capacities, in particular the ones less included in the society.

4 – To create and to spread on a large scale, by the beneficiaries of the training course, an innovative technical and educational tool, which proposes and aims at multiply innovative non formal educational methods based on the theater and which aim the inclusion of the youths.

5 – To impulse intercultural dialogue and collective reflection between the beneficiaries by the exchange of experiences, ideas, knowledge and best practices related with inclusion through the theatrical practice and the non formal education, in favor of the youths.



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09-20/01/2019, Lefkada/ Greece

PARTICIPANT'S PROFILE

Youth workers, Educators, animators and young leaders working for the inclusion and the empowerment of the youths, in particular for the most fragile (migrants and refugees, youths with special needs and/or fewer opportunities as handicaps or unemployment). They are, as well, preferably experimented in the non formal education and have a particular interest for the artistic practices, especially the theater.

AMOUNT COVERED FOR THE TRAVEL*

Country	Organisation	Nombre of participants	Number of trainers or staff invovled	Total of participants	Amount covered for the travel*
France	Compagnie 3.42	03	02 trainers	05	275€
Bulgaria	The Starry Start of Talents Foundation	03	0	03	275€
Poland	RAIDO	03	0	03	275€
Portugal	AJITER	03	0	03	360€
Spain	MUNDUS	03	0	03	360€
Austria	GAIN & SUSTAIN	03	0	03	275€
Italy	INFORMAGIOAVANI	03	0	03	275€
Romania	A.C.T.O.R	03	0	03	275€
Greece	MONOPATIA ALLILEGIIS	03	1 trainer & one supporting person	05	//

* Maximum cost for each participant (to Lefkas, Greece).

VENUE

Our project will take place in Lefkada island.

The island of Lefkada, also called Lefkas, is the fourth largest island of the Ionian Islands, after Zakynthos, Kefalonia and Corfu. It has an area of 303 square kilometres, a coastline of 117 kilometres and a population of about 23.000 inhabitants. Lefkada is an island with a wide spiritual tradition and it's situated 378 km from Athens.

Discover the emerald island at: www.lefkada.gr



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Theater for Inclusion, Diversity, Education & Art"

09-20/01/2019, Lefkada/ Greece



ACCOMMODATION & FOOD

You will be hosted in "Hotel LEFKAS" which is in the centre of the city at the seaside very close to cafes, bars, clubs, restaurants, shops, internet café etc.

<http://www.hotel-lefkas.gr/>

You will sleep in rooms of 2 or 3 beds with bathroom and television, in each bedroom. The Internet connection is only in the lobby and in the bar.



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You will take your meals in the same hotel. You will taste typical Greek and Lefkadian plates. Sometimes you will have meals in one close restaurant. If you have some special needs for food (vegetarian etc.), please, inform us about it beforehand. We can provide you vegetarian food.

Our working place will be in the Ionian hotel, 1 minute walking.

INSURANCE

Each participant is responsible about its insurance (Please bring your European health card with you).

TRANSPORTATION

How to arrive to Lefkas:

When you arrive to Athens El. Venizelos Airport you have to take the city bus **X93** to the **bus station Kifissos**, it will take about 60 min and the ticket costs about 6 €. There you have to take the bus to Lefkas which takes 5.30 hours and costs 36.80 €. We will pick you from the bus station of Lefkas to the hotel.

Pay attention because there are only 4 buses from Athens to Lefkas (At 7:00, 13:00, 16:30 and 20:30) so please organise your flight so as to arrive early in Athens and catch the bus to Lefkas.

Very important: Please **KEEP ALL THE BILLS, TICKETS AND BOARDING PASSES** from your travel, and **send your boarding pass of your return trip**, when you will be back home.

If you arrange to arrive in the same time to Athens Airport we can rent a private bus to pick all of you from Athens Airport to the hosting place.

PARTICIPATION FEE

- 100% of accommodation and basic food are covered by the programme
- 100% of activities fee are covered by the programme
- Fixed amount of your travel cost (as mentioned above) are covered by the programme
- **Each participant should pay 25 Euros** participation fee



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HOW TO BE PREPARED FOR THE TRAINING COURSE

- 1- To prepare a presentation about "how theater is used for inclusion and education (non formal education) in your country?" including good practices & initiatives.
- 3- To bring National/typical food and drinks for the intercultural evening (songs, dances, national costumes, music etc.)
- 4- Information about your organization (brochures, posters, postcards, video, PowerPoint presentation, etc.).

If you have more questions or suggestions, please do not hesitate to write to:

pistes_solidaires@yahoo.gr

Or to call Mohamed Chaabouni: +30 6981622910

USEFUL GREEK WORDS

ENGLISH	GREEK
Hello	γεια σας! (Yia sas)
Welcome!	Καλώς ορίσατε! (Kalos Orisate)
My name is...	Ονομάζομαι... (Onomazome)
Thank you!	ευχαριστώ! (Evkaristo)
I need help.	Χρειάζομαι βοήθεια. (khriazome voithia)
I'm sorry, I don't speak Greek	Λυπάμαι, δεν μιλάω ελληνικά (Lipame, then millaw Ellinika)



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Do you speak German/English?	Μιλάτε Γερμανικά / αγγλικά; (Millate yermanika, anglika)
Excuse me?	Συγγνώμη; (Signomi)
Yes	Ναι (Ne)
No	Όχι (Okhi)
Maybe	Ίσως (Isos)
I don't know	Δεν ξέρω (Then ksero)
I love you !	σ' αγαπώ (Sagappo)
Goodbye !	Αντίο (Adio)



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