

BRIGHTENING KA1-YOUTH EXCHANGE **-Infopack-**



Málaga
16th-24th November, 2017.

SOME LITTLE INFORMATION ABOUT OUR PROJECT...

BRIGHTENING is a youth exchange within the frame of Erasmus + related to youth participation, art and creativity in rural and urban areas.

During 9 days, 42 young people coming from Italy, Portugal, France, Romania, Macedonia, Poland and Spain will work together to enhance youth participation and to analyze the differences between rural and urban areas using art as a tool to highlight the main differences that we can find in different areas.

During the first half of the project, we will be hosted in Cerralba, in a youth center which has really basic facilities. Our objective is to make young people understand the difficulties of living in a rural area but also the beauty of it, so we will organize different activities so we can really appreciate all the facilities that we will have, such as a gymkhana to gain our own “privileges” that usually people don’t have for granted here (hot water all the time in showers, big restaurants or hotels easily found...) but also we will do different outdoor activities to enjoy rural life such as visiting the countryside and enjoying calm life. During the second half of the project we will move to the city, where Youth Centers have more equipment (rooms for less people, real beds, more showers to share among less people...) but where we also will have more “protocol rules” to follow and where we could experience how the rhythm of life is more intense and quick.

To achieve these aims, the project will consist on different outdoor activities both in a rural area and in a city (visiting the orchard, doing trekking, visiting a touristic beach or the main square of a city) and workshops which will lead to experience the differences between both environments and to show these realities through photography, land art and short videos.

Besides, we want to share our belief that we need to work more in rural areas to create more opportunities for youngsters from small villages so they can have the same opportunities that young people have in the cities, that’s why we will also organize an activity called Europe Splash, with the aim of promoting Erasmus + and mobility projects among young people in a small town of Málaga.

Finally, we will prepare an exhibition with the materials created during the project so we can transmit our message and leave the materials in the Innovation Center of La Noria, during some time after the project is finished.

Objetives:

- To enable young people to acquire new skills, developing competences through practical and real experience.
- To deal with stereotypes and prejudices about the life and people in towns and rural areas, promoting equal opportunities among young people from these areas.
- To encourage creativity, imagination and the capacity of young people to create new ways to express themselves using innovative art techniques.
- To promote Erasmus + and youth mobility projects among young people from small villages of our province.

WHEN and WHERE:

The date will be from **16th - 24th of November 2017** (including arrival and departure days) and we will live in two different places during the project.

As one of the objectives of the project is to learn about rural life and compare it with big cities, we want you to live the experience of living in a rural area and in a big city.

Cerralba, 16th – 19th November

Cerralba is a neighborhood (with about 1.000 inhabitants), located in the village of Pizarra (with about 9.000 inhabitants). This is a rural area and the means of transport from Cerralba to Pizarra or any other bigger city, are really few. Also the means and facilities are limited.

We work in different villages from our region where young people have few opportunities, our goal here is to work about youth participation and motivation, and demonstrate that with motivation, everything is possible.

During these three days we will do different outdoor activities, such as visit the orchard, do trekking, visit local livestock and enjoying calm life.



Málaga City, 19th – 24th November

From 19th afternoon to 24 November we will live in the Social Innovation Center called “La Noria”. This place is located in Málaga city.

Unlike in a rural area, the center offers a wide range of services and it is equipped with dining room, meeting rooms, wide gardens and sport courts. Around la Noria you can find a supermarket, a mini – market open till late, a pharmacy and a bus stop which will get you to the city center in 20 minutes.



ACCOMMODATION IN CERRALBA (PIZARRA)

16th – 19th November 2017

The activities will be in the Youth Center that was created last year in a youth exchange and it is in the hamlet of Cerralba. This center is a space where young people from rural areas develop different participative activities such as local workshop, activities related with mobility programs, alternative leisure activities and all with the collaboration of European volunteers. Here we count on a common working room and a wide yard with garden.

The accommodation will be in shared rooms. There will be two big and mix rooms equipped with single mattresses which will be placed on the floor. We only have 4 showers and there are no wifi connections.

Check IN Time: 16th November at 18h.00 a.m.



ACCOMMODATION IN LA NORIA 19th – 24th November 2017

In La Noria, the accommodation will be in nice and comfortable rooms of three/four beds. The room division will be in mixed groups of participants from different countries and divided in male and female rooms, with common bathrooms.

Check OUT Time: 24th November at 10h.00 a.m.





TRAVEL COST AND BUDGET:

The cost of the food and accommodation will be covered 100% by the Spanish National Agency, furthermore, travel costs will be granted with an amount according to the travel distance.

According to the Erasmus + Guide for 2017, the amount per participant will be:

For travel distances between 500 and 1999 KM: **275 €** per participant (Italy, Portugal and France).

For travel distances between 2000 and 2999 KM: **360 €** per participant (Romania, Macedonia and Poland).

Please, pay attention to the ceiling for the travel costs per every country that we cannot go above (if your tickets are more expensive, you need to cover the difference on your own)

You must use the cheapest travel option that is possible (busses, trains, low cost airlines, etc.)

Remember to keep all your boarding passes and original travel tickets so we can reimburse you the travel costs according to your expenses.

Participation Fee: 15€/person.

The travel cost will be not reimbursed to people who are not taking part of the entire youth exchange or not respecting the rules of the project.

WHAT BASIC RULES DO YOU NEED TO RESPECT?

We need to highlight here the social environment in which we will be hosted both places and the different outgoing activities that we will develop.

First of all, we will be hosted in the **Youth Center in Cerralba** and in the **Social Innovation center La Noria**, where possibly there will be more young people and children developing other workshops and activities. This means that smoking, drinking alcohol or consuming any other harmful substance it is forbidden in the Center and the surroundings. So please, be aware of our space and take care of it! ☺

La Noria rules:

- Wi-Fi is only available in the common areas.
- Participants will have to bring their own towels (bed sheets are provided).
- There is no possibility to extend your stay at La Noria, due to the fact that there are other reservations.
- It is forbidden to smoke in the building.
- **It is absolutely forbidden to consume alcohol.**
- Participants have to respect La Noria's installations, the rooms and the common areas. If they break something they will pay for that.
- It's forbidden to consume food in the rooms or to take room out of the common dining room.
- Participants are not allowed to move furniture.
- It's forbidden to make noise after 12 at night and before 8.00 in the morning.
- When leaving La Noria, the participants have to leave the keys at the reception.

WHAT PARTICIPANTS WE ARE LOOKING FOR

- 5 participants from each country, aged between **16-19 years old** + 1 leader group (**18-25 y.o.**). For us is very important to respect the age of participants, because we are trying to give the opportunity to participate in youth exchanges to young people, especially under 18, because usually there are less youth exchanges that allow minors, but also because we are an Informal Group of Young People and we work with youngsters from rural areas, also minors, and we would like to have a group which is more or less homogeneous in relation with ages.
- We would like to keep an equal number of participants of each gender, so please, try to keep gender balance in your groups!
- We are looking for young people who are creative and participative and who are interested in the topic, motivated by multicultural exchanges, with an active and proactive attitude.

The deadline for having the group created and the flight purchase is **9th October 2017**. If you haven't sent your entire participant's information for this date, we will publish an open call in SALTO.

So, as soon as you have your group completed they have to fill the following google form:

<https://goo.gl/forms/7XQ0i631LccNpu3I3>

Important: You have to contact us before buy the participants' tickets.

WHAT DO YOU NEED TO BRING

November is a cold month, but we can have soft temperatures in the middle of the day, however Spain is not well conditioned for cold weather indoors, especially in our rural area. It can be also rainy, so please, be prepared for these conditions, bring warm clothes and these important items with you:

- Comfortable clothing (we will do different outdoors activities, trekking, visit the goat so bring comfortable clothing for these activities).
- Towels, toiletries and items for personal hygiene (although there are also some shops in the town in case you need to buy something).
- Sleeping bag for the 3 days we will host in Cerralba.
- Staff for the Intercultural Dinner: Local products from your area.
- Your ID and insurance documents (European Health Insurance Card).
- Good Mood!! 😊
- **Camera: as this is a project about art and photography, it will be very appreciated if you can bring with you, at least, 1 camera per group.**

WHAT DO YOU NEED TO PREPARE BEFORE COMING

1. We would like to know your **organization**, so prepare a nice **presentation** about it so we can know what you do in your towns. The presentation will be during the 2nd session of the 17th of November, and it will last about 5 minutes each.
2. We would like to know your **country through your typical food and drinks**, so please, prepare a nice table for **the Intercultural Evening**.
3. We will know each other's cultures and countries during three different cultural nights, in each night we will present 2 countries. Think about a presentation of your country through funny ways: music, theatre, dance, games... No PowerPoint!!
4. Some ice breaking games would be very welcomed to start our sessions with them.

You can prepare this information in the format that you prefer (video, theatre, photos or MUSIC...), only remember, **be creative and bring with you all your talents!**

HOW TO ARRIVE TO CERRALBA?

Málaga has one of the biggest airports in Spain, so hopefully you will find direct flights to Málaga. At the airport, you will take the Train CERCANÍAS:

1. Go Terminal T3 in airport to take the train (it leaves every 20 minutes).

You can access T3 terminal building from the square outside arrivals and from departures. There is just a line, called **C1 RENFE CERCANIAS**, but you have to be sure that your destination is MÁLAGA CENTRO.
2. Buy a ticket at the vending machine to **PIZARRA** - just single ticket.
3. Take the train from airport (terminal T3) and make sure it is heading towards Málaga Centro.
4. Promptly get off the train at the stop **VICTORIA KENT** (which it is the 2nd stop: Aeropuerto/ Guadalhorce/ Victoria Kent (Correspondencia Línea C-2)/Málaga María Zambrano, Málaga Centro).
5. Once you are in the **STOP VICTORIA KENT**, you have to change the **train DESTINATION ÁLORA. Line C2**.
6. You will be on this train about 25 minutes, and then you have to get off the train at the stop **PIZARRA** (which is the 6th stop: Victoria Kent (Correspondencia con Línea C-1)/ Los Prados/ Campanillas/ Cártama/ Aljaima/ Pizarra/ Álora).
7. We will pick you up in PIZARRA train station and take you to Cerralba.

We will try hire a minibus to bring you from Pizarra to Cerralba, so we suggest that you take the train that arrives to Pizarra at 18.11h. and we will be at the Pizarra Train Station at that hour to pick you up.

If you arrive earlier to Málaga, you can take the opportunity to see the city a little bit, so you have to take the same train from the Airport to Málaga Centro, (buying single ticket to Málaga Centro), and stop at the last stop “Málaga Centro”.

Then you can take the train from Málaga-Centro towards Álora at 17.40h., buying a single ticket to “Pizarra”.

Here you can find the timetable of both options:

- Timetable of trains and transfers from Airport to Pizarra:

Línea	Salida Origen	Transbordo en		Línea	Llegada Destino	Tiempo de Viaje
		Malaga-Victoria Kent Llegada	Salida			
C1	06.44	06.49	07.06	C2	07.38	0.54
C1	07.54	07.59	08.06	C2	08.34	0.40
C1	09.34	09.39	09.46	C2	10.12	0.38
C1	11.34	11.39	11.46	C2	12.11	0.37
C1	12.34	12.39	12.46	C2	13.12	0.38
C1	13.34	13.39	13.46	C2	14.12	0.38
C1	14.34	14.39	14.46	C2	15.12	0.38
C1	15.34	15.39	15.46	C2	16.12	0.38
C1	17.34	17.39	17.46	C2	18.11	0.37
C1	18.34	18.39	18.46	C2	19.12	0.38
C1	19.34	19.39	19.46	C2	20.11	0.37
C1	20.34	20.39	20.46	C2	21.12	0.38
C1	21.34	21.39	21.46	C2	22.12	0.38

- Timetable of trains from Airport to Málaga Centro: each 20 minutes there is a train, from 06 a.m. to 00.00h.

- Timetable of trains from Málaga Centro to Pizarra:

Línea	Hora Salida	Hora Llegada	Tiempo de Viaje
C2	06.03	06.34	0.31
C2	07.00	07.38	0.38
C2	08.00	08.34	0.34
C2	09.40	10.12	0.32
C2	11.40	12.11	0.31
C2	12.40	13.12	0.32
C2	13.40	14.12	0.32
C2	14.40	15.12	0.32
C2	15.40	16.12	0.32
C2	17.40	18.11	0.31
C2	18.40	19.12	0.32
C2	19.40	20.11	0.31
C2	20.40	21.12	0.32
C2	21.40	22.12	0.32

OUR FACEBOOK GROUP

As soon as you have your group formed, you can ask to join our group in Facebook:

“BRIGHTENING Youth Exchange SPAIN”

We will use this tool to communicate with each other, to post interesting articles or to share photos, videos etc. We will use it too after the youth exchange to disseminate and exploit the results.

IMAGINA TEAM



HOW TO CONTACT US

For further information and to send the information required:
imaginaerasmusplus@gmail.com

To contact us by phone in case you need it:

Laura Aguilar: +34 606 76 46 85

María J. Subires: +34 629 83 38 89.

Our address:

GRUPO IMAGINA

C/Austria, nº 48-A. Cártama Estación, 29580.
Málaga, España.

LOOKING FORWARD TO MEETING YOU!!

In collaboration with: